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|  | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
| Autumn 1 | Gymnastics | Gymnastics | Football and Netball | Tennis and Rugby | Football and Hockey | Rugby  Netball |
| Autumn 2 | Gymnastics | Gymnastics | Football and Netball cont.  Dance and Gym | Tennis and Rugby cont.  Gym and Dance | Football and Hockey cont.  Volleyball and Gym | Netball cont.  Gym |
| Spring 1 | Dance | Dance | Dance and Gym cont.  Volleyball and Cricket | Gym and Dance cont. | Volleyball and Gym cont. | Gym cont.  Dance |
| Spring 2 | Dance | Dance | Volleyball and Cricket | Gym and Cricket | Dance and Rounders | Dance cont.  Tennis / Badminton |
| Summer 1 | Games  Tennis and Football | Games  Tennis and Cricket | Volleyball and Cricket cont.  OAA and Athletics | Gym and Cricket cont. | Dance and Rounders cont  OAA and Athletics | Tennis / Badminton cont.  Rounders |
| Summer 2 | Athletics | Athletics | OAA and Athletics | Tennis and Athletics | OAA and Athletics | PGL / OAA  Athletics |

Please note: Year 4 also take part in swimming weekly.